



# A MATTER OF SUBSTANCE: AT-A-GLANCE

SEPTEMBER 2014

A PUBLICATION OF IDPH  
DIVISION OF BEHAVIORAL HEALTH

## DIVISION QUICK FACTS

### 25th Anniversary of National Recovery Month:

Each September since 1989, the Substance Abuse and Mental Health Services Administration (SAMHSA) has sponsored **National Recovery Month** which celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. This year, as we celebrate the 25<sup>th</sup> anniversary of Recovery Month, the theme, “*Join the Voices for Recovery: Speak Up, Reach Out*”, represents the many ways that people can work to prevent substance-related disorders, seek treatment, and sustain recovery as part of a commitment to living a healthy life.

In recent years, the IDPH Division of Behavioral Health has supported single, statewide Recovery Month celebration in Des Moines, primarily through Access to Recovery funding. In 2013, the Division determined to offer communities the opportunity to host their own celebrations by providing up to \$500 to organizations planning local events in September. Hundreds of Iowans took part in recovery walks, bike rides, community festivals, and dances; while thousand more experience the message “Recovery is Possible” through billboards or radio ads or while attending a parade. This year, the amount of funding was increased to \$1,000 per organization. A total of 19 organizations applied this year and will be funded for events including:

- recovery walks, bike rides, and rallies
- media releases, resource kits, and other giveaways
- outings for bowling or movies or to Adventureland
- festivals, parades, concerts, and a Family Recovery Fun Night!

Watch future editions of the Matter of Substance newsletter for spotlight articles on how local communities celebrated!

### ATR 4 Provider Application Available:

Applications to provide services under the Access to Recovery 4 grant project are now available! To assist in recruitment efforts, IDPH will implement an enrollment period for ATR 4 providers. This process will allow IDPH to quickly establish a comprehensive provider network, identify potential provider shortage areas, and determine Care Coordination sites and admission caps. **Please note: a new application is required for every ATR 4 provider, including those agencies contracted to provide services in ATR III.** The following application deadlines will be utilized:

<u>Service Provider</u>	<u>Application Due Date</u>
For those applying <b>to provide Care Coordination only</b>	September 19, 2014
For those applying <b>to provide Care Coordination and Recovery Support Services</b>	September 19, 2014
For those applying <b>to provide Recovery Support Services only</b>	October 17, 2014

Applications are available at [www.idph.state.ia.us/atr](http://www.idph.state.ia.us/atr). For more information, contact Kevin Gabbert at 515-281-7080.

## UPCOMING EVENTS

**Substance Abuse Counselor and Social Work Ethics**  
Mark Smith, ACSW, LISW, CADC  
September 4  
Regency Best Western, Marshalltown  
For more information, call SATUCI at 641-752-5421

**Dialectic Behavioral Therapy**  
September 5  
Peter Waitt Education Center - Jackson Recovery, Sioux City  
For more information, call 712-258-4578

**An Introduction to MDFT for Adolescent Substance Abuse**  
September 11  
Sheraton, West Des Moines  
For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

**SAVE THE DATE - Iowa Prevention Conference**  
November 5  
Airport Holiday Inn Conference Center, Des Moines  
For more information, go to [www.trainingresources.org](http://www.trainingresources.org)

For more information about the Division of Behavioral Health, visit [www.idph.state.ia.us/bh](http://www.idph.state.ia.us/bh)

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